

# Forrest Health Center

- Healing Body, Mind and Spirit -

## Clinical Nutrition Release

I, \_\_\_\_\_, understand the Steven Forrest, D.C. is a licensed chiropractor not a medical doctor and is not licensed to practice medicine. Dr. Forrest does not diagnose disease, does not treat disease and does not prescribe for disease. His services do not take the place of competent medical care and his suggestions do not take the place of prescribed medications.

I understand that Dr. Forrest uses laboratory tests to reveal metabolic imbalances and then, using adjunctive nutritional programs, tries to bring about a normalization in these metabolic markers. These tests are often considered screening and investigational in nature and are therefore not covered by many insurance companies.

I understand that dietary and supplementation suggestions are strictly for nutritional purposes and are in no way intended to replace ongoing or planned medical therapies.

I also understand that I am under no obligation to follow any suggestions given by Dr. Forrest or his staff.

I understand that Dr. Forrest will not bill my insurance company nor will he prepare any insurance documentation for nutrition related service. Dr. Forrest is a member of numerous insurance plans, HMO's, PPO's, etc., that contractually exclude all services relating to nutrition. In keeping with these legal obligations Dr. Forrest will have no insurance involvement for these services.

All fees for nutrition related services including, Initial Intake, Report of Findings, Office Visits, Laboratory Tests & Supplements are due and payable at the time of service.

By signing this form I acknowledge and agree to all terms listed herein.

Signed: \_\_\_\_\_

Date: \_\_\_\_\_