

Electrolyte Concentrate **Why You Need Electrolytes!**

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Written by E-lyte Inc.

Body fluids are primarily water and electrolytes. Electrolyte is defined as: "a substance that develops an electrical charge when dissolved in water". Electrolytes are crucial for cellular function. Simply put...without electrolytes we would not exist. However, total absence of electrolytes in the body is not the issue. The ultimate goal is availability and balance. Electrolyte concentration varies both within the cells and outside of the cells. Our body weight is 60% water with electrolytes jumping in and out of every cell, moving products in and out at rates approaching light speed.

Taking a step back, we will find that in the beginning, life began in the oceans and in glacial streams. This is where the glacial flow of ice ground down rocks and released minerals and electrolytes back into the streams and rivers. This nutrient rich water then delivered this abundance of raw materials onto the land. Life (plants and animals) needs a continuous supply of minerals to function, such as zinc, iron, chromium, manganese, copper, selenium etc. along with electrolytes sodium, potassium, magnesium, and calcium. These last four minerals are the major alkaline minerals called Cations. Chloride, phosphate, sulfate and bicarbonate are other electrolytes that are known as Anions.

While these minerals are used in other chemical life supporting structures, their electrolyte function is the most basic...the most primary...this is where life starts.

Powerful Results

That's what electrolytes and E-Lyte Electrolyte are all about. But it takes knowledge before appreciation takes hold as happened with a brain-injured girl who hadn't moved her right arm for six years. She drank E-Lyte Electrolyte on a Friday afternoon and evening. The next day, while at a restaurant having she picked up a napkin and put it on her lap...with her right hand! Her excited mother was unable to reach us at E-lyte (as it was Saturday). She then contacted the doctor that recommended our product. The doctor then relayed the mother's story to us. This type of excitement can really make your day! But in all fairness, the little girl was so depleted in electrolytes she could not perform even the most basic function. E-lyte Electrolyte gave her the electrolyte balance she so desperately needed.

We have seen similar improvements in weightlifters, Olympic athletes, distance runners, and others who wanted to improve function...the first day of use in some cases! E-Lyte Electrolyte is a performance concentrate drink...not a sweet drink. It contains no sugar and has zero calories. It's an actual electrolyte replacement concentrated solution. Drink it for improved function and performance; not to satisfy your taste buds with sugar, fructose, soda or a fruity drink. If you want those type of drinks...go for it. Just don't expect any significant improvement mentally or physically.

How to Dilute

E-lyte Electrolyte is a concentrate that must be diluted. You can mix E-lyte Electrolyte in a glass of water or milk. (2-3 capfuls of E-lyte per glass). Put a few teaspoons in yogurt, broth, soup, pasta, chili, casseroles, rice, or stews (after cooking). 8 ounces per gallon is the recommended dilution in a container of water or milk. Try a teaspoon in anything you would tend to salt or spice. Just not in juice or a sweet drink. Drink two 8-ounce glasses of diluted E-lyte Electrolyte each day or as directed by your physician. The initial salty taste of E-lyte Electrolyte will diminish over time indicating your chemistry beginning to become balanced.

The benefits of E-Lyte Electrolyte can be shocking especially when your electrolytes are extremely low, as we've seen above. We've also witnessed major improvements in children with autism, seizures, ADD, and in adults with MS, chronic fatigue and metal toxicity as well as the elderly who desperately need more fluid and electrolytes to literally "pick up their step". Individuals showing signs of digestive difficulties, allergic manifestations, poor circulation, hormonal imbalances, cardiovascular disease, blood sugar disorders, or any degenerative disorders may benefit tremendously from the use of E-lyte Electrolyte. Even if you're young, athletic and eating a good diet combined with plenty of exercise, you could see a significant increase in your energy level. We often hear of a pickup in clients in the afternoon when energy decreases around 2:30/3:00pm. Our staff here at E-lyte Incorporated all keep a fast pace and are regular users of E-lyte Balanced Electrolyte. However, each person is unique with different nutrient needs. In our personal experience with thousands of users, all respond well with E-Lyte Balanced Electrolyte. This could be the best thing you ever did for yourself!

Caution: Children, those on sodium restricted diets or with medical disorders should consult your physician before use.

Real People with Real Stories

"I was on the 1992 United States Olympic Team for judo. I have tried everything and have spent hundreds of dollars in search of that one thing that would give me the edge over my competition. After years, I finally found it.....E-lyte Electrolyte Concentrate.

Before, I struggled severely with muscle cramps, which often meant early muscle fatigue, do to lactic acid build-up. Now, I am able to push harder before "hitting the wall". Recovery time between workouts has shortened and the soreness that usually follows a hard workout has vanished. My body just always seems to feel strong. If I skip E-lyte Electrolyte just one day, it is immediately evident in my performance the next day. I recommend E-lyte Electrolyte to any athlete who is serious about optimum performance. (I just hope my competitors are not drinking E-lyte Electrolyte!)"

Valerie Gotay, 1992 Olympic Athlete, California

"As a practicing M.D., I can attest first hand to the value that E-lyte Balanced Electrolyte Concentrate provides my patients who have chronic disease. I have witnessed marked physical and mental changes in my patients with degenerative neurological disorders such as chronic fatigue, MS, epilepsy, and metal toxicity. Also, the ability for E-lyte Electrolyte to balance the electrolyte level in active, healthy patients cannot be overlooked!

E-lyte Electrolyte is a simple, cost-effective tool to provide patients with a means to stabilize their chemistry, detoxify and establish electrolyte balance. This product is part of our healthy future!"

Dietrich Klinghardt, Ph.D., M.D., Seattle, Washington