



MultiGreens

Serving Size 5 capsules

Servings Per Container 30

	Amount Per Serving
Vitamin A (beta-carotene)	5000 IU
Vitamin C (magnesium ascorbate)	375 mg
Vitamin D (cholecalciferol)	800 IU
Vitamin E (D-alpha tocopheryl succinate, mixed tocopherols)	200 IU 25 mg
Thiamin (mononitrate)	
Riboflavin	5 mg
Niacin (niacinamide)	50 mg
Vitamin B6 (pyridoxine HCl)	15 mg
Folate (folic acid)	800 mcg
Vitamin B12 (methylcobalamin)	3 mcg
Biotin	300 mcg
Pantothenic acid	25 mg
Calcium (citrate, amino acid chelate)	100 mg
Iodine (potassium iodide)	100 mcg
Magnesium (60% ascorbate, 20% glycinate, 20% citrate)	200 mg
Zinc (32% citrate)	15 mg
Selenium (32% selenomethionine)	150 mcg
Chromium (10% polynicotinate)	200 mcg
Molybdenum (2% amino acid chelate)	50 mcg
Potassium (36% citrate)	99 mg
Bioflavonoids (citrus)	150 mg
Cranberry extract (20:1)	100 mg
Ascorbyl palmitate	50 mg
Betaine (HCl)	50 mg
Bromelain	50 mg
Garlic bulb (deodorized)	50 mg
L-taurine	50 mg
Quercetin (dihydrate)	50 mg
FloraGlo Lutein (5%)	40 mg
Lycopene (5%)	40 mg
Choline (bitartrate)	25 mg
Siberian ginseng (<i>Eleutherococcus centicosus</i>)	25 mg
Flax seed	25 mg
Ginger root extract (5% <i>Zingiber officinalis</i>)	25 mg
Ginkgo leaf extract (<i>Ginkgo biloba</i>)(24:6)	25 mg
Inositol	25 mg
Milk thistle seed extract (80% <i>Silybum marianum</i>)	25 mg
PABA (para amino-benzoic acid)	25 mg
Papain	25 mg
Aloe leaf (<i>Aloe barbadensis</i>)	15 mg
Alpha R-lipoic acid	10 mg
Celery seed (<i>Apium graveolens</i>)	10 mg
Chlorophyll	10 mg
Dandelion root powder (<i>Taraxacum officinale</i>)	10 mg
Fennel seed (<i>Foeniculum vulgare</i>)	10 mg
Grape seed extract (95%)	10 mg

continued on reverse

MULTIGREENS

HEALTHY GREENS, PHYTONUTRIENT, MULTIVITAMIN/MINERAL & ENZYME FORMULA

- **3,300+ ORAC** (Oxidation Reduction Absorbance Capacity) per serving (equivalent to 8-9 servings of fruits & vegetables)
- **True multifaceted “super food” product in capsules***
- **Proprietary blend of 15 different fruits and 16 different vegetables**
- **Proprietary blend of 10 enzymes including brush border enzymes to support small intestine health and proper digestion and absorption of dietary macronutrients***
- **Numerous flavonoids, antioxidants, botanicals, and green foods to supply a broad range of micronutrients**
- **Supports healthy body pH***

MULTIGREENS is a choice product for your patients who need more than just a regular multivitamin and mineral supplement. MultiGreens provides highly absorbable micronutrients along with specialty nutrients and proprietary blends of fruits, vegetables, and enzymes to offer your patients a superior level of nutritional support. Although no supplement can replace a healthy well-balanced diet, the comprehensive nutrition provided in MultiGreens can be an excellent choice for picky eaters who do not always consume a balanced diet. Most greens supplements are in the form of poor-tasting beverages, leading to difficulties with patient compliance. In addition, many of these formulas do not provide a complete vitamin and mineral core. MultiGreens’s unique capsule design is a simple and effective way for your patients to get the benefits of both products in one.*

FULL MULTIVITAMIN & MINERAL CORE is provided to aid the metabolism of macronutrients.*

CHROMIUM, BIOTIN, MAGNESIUM, ZINC, ALPHA R-LIPOIC ACID, & B VITAMINS are provided in MultiGreens to support healthy glucose and insulin levels.*

BOTANICAL ADAPTOGENS are provided to support a person’s ability to adapt under occasional stress. Liver support is provided to promote healthy liver function.*

Amount Per Serving

Green tea leaf (50% <i>Camellia sinensis</i>)	10 mg
Marshmallow root (<i>Althaea officinalis</i>)	10 mg
Parsley leaf powder (<i>Petroselinum crispum</i>)	10 mg
Spirulina powder (<i>Spirulina platensis</i>)	10 mg
Tocotrienol (7.5%)	10 mg
Turmeric root extract (<i>Curcuma longa</i>)(95%)	10 mg
Blueberry extract (4:1)	5 mg
Chlorella algae	5 mg
Rosemary leaf extract (<i>Rosmarinus officinalis</i> , 4:1)	5 mg
Spinach powder (<i>Spinacia oleracea</i>)	5 mg
Boron (amino acid chelate)	3 mg

PROPRIETARY FRUIT BLEND 375 mg
(Apple powder, grape powder, grapefruit powder, orange powder, pineapple powder, lemon powder, lime powder, cherry powder, watermelon powder, pear powder, mango powder, strawberry powder, papaya powder, tangerine powder, apricot powder.)

PROPRIETARY VEGETABLE BLEND 375 mg
(Carrot powder, broccoli powder, tomato powder, cucumber powder, kale powder, spinach powder, parsley powder, cabbage powder, celery powder, cauliflower powder, green bell pepper powder, asparagus powder, brussel sprouts powder, onion powder, garlic powder, ginger powder.)

PROPRIETARY ENZYME BLEND 100 mg
(Protease, protease II, protease III, peptidase, amylase, lipase, cellulase, maltase, lactase, invertase.)

OTHER INGREDIENTS: Cellulose, silica.
Contains soy (from vitamin E).

SUGGESTED DOSE: As a dietary supplement, take 5 capsules per day with a meal (or divide doses during the day) or as directed by your healthcare professional.

REFERENCES:

- Hendler S., Rorvik D. PDR for Nutritional Supplements. 1st Ed. *Medical economics/Thompson Healthcare.*, 2001.
- Murray MT. Encyclopedia of Nutritional Supplements. The Essential Guide for Improving Your Health Naturally. *Prima Publishing, Rocklin, CA, 1996.*
- Amom Z, et al. Lipid lowering effect of antioxidant alpha-lipoic acid in experimental atherosclerosis. *J Clin Biochem Nutr. 2008 Sep;43 (3):88-94.*
- Werbach MR. Nutritional Influences on Illness: A Sourcebook of Clinical Research, 2nd Ed. *Third Line Press, Tarzana, CA 1993.*
- Marz RB. Medical Nutrition From Marz, *A Textbook in Clinical Nutrition, 2nd Ed.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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MULTIGREENS

HIGH ORAC FOODS, BOTANICALS, FLAVONOIDS, VITAMINS, AND MINERALS make MultiGreens one of the highest broad spectrum antioxidant products available.*

FRUIT AND VEGETABLE CONCENTRATES supply high levels of antioxidants and trace factor nutrients, which are often missing in people's fast-paced, unbalanced diets.*

"MULTIGREENS is made up of 98 different vitamins, minerals, antioxidants, botanicals, enzymes, fruits, and vegetables, making it one of the most powerful super foods ever produced."

—DAVID B. WOOD, ND

MultiGreens has been independently tested for nearly 200 pesticides (PAM/Luke methodology), all of which came back as not detected. The complete certificate of analysis is available upon request at www.bio-genesis.com

eurofins		1365 Redwood Way Petaluma CA 94954 707.792.7300	
Riley Livingston President Biogenesis Nutraceuticals, Inc. 18303 Bothelle-Everett Hwy., Suite 110 Mill Creek WA 98012			
CERTIFICATE OF ANALYSIS Job # 24807			
Sample Identification: Sample #: 05-4695 MultiGreens, 150 Capsules, Lot #05260 Date Received: 10-20-05, Time Received: 10:25 AM			
Method: AL213: Pesticide Residues, FDA (PAM/Luke)			
Results:			
Test	Result	Sample #05-4695 MRL	Units
OC Pesticides			
A, b, d-BHC	ND	0.010	ppm
Alachlor (Lasso)	ND	0.020	ppm
Alert (Pirate)	ND	0.020	ppm
Aldrin	ND	0.010	ppm
Benfluralin (Balan, Benefin)	ND	0.010	ppm
BHC (Benzahex)	ND	0.010	ppm
Bifenox (Modown)	ND	0.050	ppm
Bifenthrin	ND	0.050	ppm
Bromacil	ND	0.050	ppm
Captafol	ND	0.010	ppm
Captan	ND	0.010	ppm
Chlordane	ND	0.100	ppm
Chlorobenzilate (Acaraben)	ND	0.050	ppm
Chlorothalonil (Bravo)	ND	0.010	ppm
Cyanazine	ND	0.020	ppm
Cyfluthrin	ND	0.050	ppm
Cypermethrin	ND	0.010	ppm
Dachihal (Chlorthal)	ND	0.010	ppm
DDD	ND	0.010	ppm
DDE	ND	0.010	ppm
DDT	ND	0.010	ppm
Dichlobenil (Casoron)	ND	0.010	ppm
Dichloro	ND	0.020	ppm
Dichloran (Botran)	ND	0.010	ppm
Dicofol (Kelthane)	ND	0.020	ppm
Dieldrin	ND	0.010	ppm
Dyrene (Anilozine)	ND	0.050	ppm
Endosulfan alpha	ND	0.010	ppm
Endosulfan beta	ND	0.010	ppm
Endosulfan sulfate	ND	0.010	ppm