There are over forty-five essential nutrients, yet the major minerals known as electrolytes form the metabolic foundation for them all. Without electrolytes, no other nutrients can function or exercise their healing benefit to their full potential. Optimizing electrolyte intake, therefore, is essential for the success of any nutrition program. Unfortunately, however, electrolytes are often missing or out of balance.

Such deficiencies and imbalances can lead to:

- Fatigue
- Heart Rhythm Disturbances
- Poor Blood Pressure Control
- Suboptimal Heart Health
- Bone Loss
- Poor Circulation

Unique features of Peltier Electrolytes:

- Manufactured in a unique and proprietary process to ensure that each mineral is in a correct ratio to every other mineral
- Peltier Electrolytes are extremely well-absorbed as they are present in the ionic state
- Contains the exact ratio of potassium, sodium, magnesium, phosphorus, chlorides, bicarbonates and sulfates to promote optimal electrolyte balance and support the stresses of everyday living
- The formula has been tested and perfected over ten years in use by firefighters, high performance athletes, and others under unique stresses

Often, even when an advanced nutritional program does not seem to be working, optimizing electrolytes will often add the metabolic “spark” that can help a nutritional protocol to begin to work on the metabolic level and help achieve the desired clinical results.

People Who Can Benefit From Electrolyte Supplementation:

- Have suboptimal heart health, rhythm disturbances or congestive heart failure
- Experience Premenstrual Syndrome
- Engage in sports, especially endurance sports
- Need to improve or optimize bone health
- Have recurring kidney stones
- Have blood pressure that is either too high or too low
- Have poor circulation or cold hands and feet
- Take diuretic medication
- Experience bloating/fluid retention
- Are engaged in a detoxification program, especially one liberating toxic metals
- Need to support mitochondrial function and experience mitochondrially-related disorders such as migraines
- Need to promote a more alkaline metabolism

Peltier Electrolytes are based on research of over twenty years and are the finest and most cost-effective way to deliver electrolytes to the body.
**Suggested dose:** 1 tablespoon of the liquid concentrate, dissolved in any beverage, two to three times per day. Can also be added to rice, soups, stews, vegetables dishes, chili, or any recipe that calls for water and salt. Do not consume without diluting in liquid or food.

**Peltier Electrolytes™ come in three varieties:**
- **Standard Formula**  For optimizing electrolyte intake for most situations
- **Executive Formula**  For support during high levels of stress, and nutritional support for tight muscles*
- **Sports Formula**  Optimal electrolyte support for everyone from the weekend warrior to the elite athlete

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## SPORTS FORMULA

### Supplement Facts

<table>
<thead>
<tr>
<th>Serving Size: 1 tablespoon</th>
<th>Servings Per Container: 67</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Amount Per Serving</strong></td>
<td><strong>% Daily Value</strong></td>
</tr>
<tr>
<td>Phosphorus (as potassium phosphate)</td>
<td>229 mg</td>
</tr>
<tr>
<td>Magnesium</td>
<td>8 mg</td>
</tr>
<tr>
<td>Chloride</td>
<td>77 mg</td>
</tr>
<tr>
<td>Sodium</td>
<td>64 mg</td>
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<tr>
<td>Potassium (as potassium bicarbonate)</td>
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</tbody>
</table>

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## EXECUTIVE FORMULA

### Supplement Facts

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<th>Serving Size: 1 tablespoon</th>
<th>Servings Per Container: 67</th>
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</thead>
<tbody>
<tr>
<td><strong>Amount Per Serving</strong></td>
<td><strong>% Daily Value</strong></td>
</tr>
<tr>
<td>Phosphorus (as potassium phosphate)</td>
<td>252 mg</td>
</tr>
<tr>
<td>Magnesium</td>
<td>8 mg</td>
</tr>
<tr>
<td>Chloride</td>
<td>135 mg</td>
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<tr>
<td>Sodium</td>
<td>69 mg</td>
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<tr>
<td>Potassium (as potassium bicarbonate)</td>
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## STANDARD FORMULA

### Supplement Facts

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<tbody>
<tr>
<td><strong>Amount Per Serving</strong></td>
<td><strong>% Daily Value</strong></td>
</tr>
<tr>
<td>Phosphorus (as potassium phosphate)</td>
<td>229 mg</td>
</tr>
<tr>
<td>Magnesium</td>
<td>8 mg</td>
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<tr>
<td>Chloride</td>
<td>136 mg</td>
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<tr>
<td>Sodium</td>
<td>75 mg</td>
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<tr>
<td>Potassium (as potassium bicarbonate)</td>
<td>138 mg</td>
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</tbody>
</table>

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*These statements are educational in nature, and have not been evaluated by the Food and Drug Administration. This product is not designed to prevent, diagnose, cure, or treat any disease.

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