

Physician-requested Nutritional Support Information

Fibromyalgia/Chronic Fatigue Syndrome – Nutritional Support (for healthcare professionals only) *

Functional Area	Product	Dosing	Comments
Immune Function-natural killer cell support	Transfer Factor Multi-Immune™	Two caps per day on an empty stomach (two hours after eating or one hour before eating). Children under 7 should use one cap per day.	Clinicals ⁽¹⁾ demonstrated a 235% increase in NK cell function of immune compromised patients; doubling the dose to 2 caps bid increased NK cell function by over 600%. Some healthcare professionals increase to 3 caps tid during acute periods.
Energy/Mitochondria	NT Factor Energy™	Months 1 & 2: Two tablets with each meal (6 tabs/day) Month 3 & beyond: One tablet with each meal (3 tabs/day) Pediatric dosing: 1/2-1 tablet for children up to 2 years-old, 2 tablets for 2-3 years old and 3-4 tablets for 4-5 years-old and 4-5 tablets 5 years-old and older.	Clinicals ⁽¹⁾ showing 40% reduction in fatigue in eight weeks. For severe fatigue, increase to nine tablets per day during first two months. It is important to keep with the protocol for the first two months so that enough cell membranes are repaired --- which will allow the patient to feel the difference. This equates to 2 bottles per month for each of the first two months, and 1 bottle per month thereafter.
Energy/ATP	RibosEnergy™ or RibosCardio™	Add one level scoop (two slightly rounded teaspoonfuls) to 4-8 ounces of your favorite juice, stir briskly and drink. As an alternative, sprinkle on cereal, fruit or applesauce. Normal dosage is twice daily. Up to 4 doses per day may be taken as needed. If moderate to severe symptoms are present (as frequently seen in Fibromyalgia and chronic fatigue syndrome) it is recommended that at least three doses per day be taken for the first two weeks before reducing dosage to twice per day. One dose should be taken in the morning and one in the evening, with a third or fourth dose throughout the day as desired.	Clinicals ⁽¹⁾ Fibromyalgia/CFS: - 42% improvement in energy - 2/3 of subjects improved in 12 days Athletes: - 67% increase in muscular endurance vs. placebo - 88% increase in muscle strength vs. placebo Cardiovascular Function: - improved diastolic heart function, increased physical function score and enhanced quality of life score.
Adrenal Support	Energy Multi-Plex™	Three capsules per day with meals. May be taken at the same time.	Comprehensive adrenal support formula with proprietary blends of fourteen researched nutrients.
Pain & Mood Support	Soothe & Relaxx™	Two capsules three times per day with or without meals.	Advanced formulation which combines soft tissue, joint and muscle support with the proprietary Relaxx™ Complex to calm the mind.
Immune Function – targeted support	Transfer Factor PlasMyc™	One gelcap per day for the first week on an empty stomach (two hours after eating or one hour before eating). For Week 2 and beyond, two gelcaps per day. Children under 7 should use one cap per day. Sensitive patients should begin more slowly.	Special dietary usefulness for Mycoplasma, Ureaplasma urealyticum, Nanobacterium, HHV6 A & B, CMV, EBV, C. pneumoniae and human plaque. Most health care professionals combine with Transfer Factor Multi-Immune™ for maximum natural killer cell support.
Probiotic Support	Prescript-Assist Pro™	One capsule twice daily 30 minutes before eating.	Excellent clinicals ⁽¹⁾ . Contains no antibiotic or hormone residues, there is no potential for lactose-intolerance side-effects, and does not need to be refrigerated.

⁽¹⁾ Research studies are available on ResearchedNutritionals.com.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.