

designs for health



**Recommended Use:** As a dietary supplement, take one capsule per day with meals or as directed by your health care practitioner.

This product does not contain wheat, yeast, soy, gluten, eggs, dairy products, corn, artificial colors, flavors, sugars, or preservatives.



Uniquely formulated and distributed by:  
**Designs for Health, Inc.**  
 2 North Road, East Windsor, CT 06088

## B-Supreme Dietary Supplement

90 Capsules

### Supplement Facts

Serving Size 1 capsule  
 Servings Per Container 90

Amount Per Serving		% Daily Value
Vitamin B1 (as Thiamine HCl)	100 mcg	6667%
Vitamin B2	15 mg	882%
(as Riboflavin HCl and Riboflavin-5-Phosphate)		
Vitamin B3	50 mg	250%
(as Niacinamide and Inositol Hexanicotinate)		
Vitamin B6	55 mg	2750%
(as Pyridoxine HCl and Pyridoxyl-5-Phosphate)		
Folic Acid	400 mcg	100%
Vitamin B12 (as Hydroxycobalamin)	100 mcg	1667%
Biotin (as d-Biotin)	2 mg	1667%
Pantothenic Acid	100 mg	1000%
(as d-Calcium Pantothenate)		
Trimethylglycine	100 mcg	*

\*Daily Value not established.

**Other Ingredients:** Gelatin (capsule), microcrystalline

cellulose, magnesium stearate.

STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.